

IX Edition - 2026

VUELTA CICLISTA ISLA DE TENERIFE

VUELTA AL TEIDE

BRIEFING

In the following document you will find all the information of interest related to the IX edition of the Vuelta al Teide - May 16, 2026





DANGEROUS ZONES

- Descent from Masca
- Descent from Las Portelas to Buenavista
- Descent from Mirador de Garachico to Icod de Los Vinos
- Descent from Tigaiga to Los Realejos

On these downhill sections, **speed must be controlled** and **extreme caution** exercised, as these areas can be very dangerous.

The cyclists **must stay in their lane** at all times.

INDEX - BRIEFING

NAME	PAG
MODALITIES	4
REQUIRED MATERIAL	5
VT MODALITY DETAILS	6 - 13
VT MF MODALITY DETAILS	14 - 21
VT FC MODALITY DETAILS	22 - 29
WORKSHOPS	30 - 34
PARKING AREA	35 - 37
CAR SHARING	38

NAME	PAG
STREAMING AND TRACKING	39 - 40
PRICE LIST TO CONSIDER	41
LICENSES	41 - 43
WARDROBE - OFFICIAL BACKPACK	44
BIB NUMBER DISTRIBUTION	45 - 52
PLACEMENT OF THE IDENTIFICATION PLATE	53
END OF TIME	54
ACKNOWLEDGMENTS	55 - 56

NAME	PAG
MERCHANDISING	57 - 63
PHOTOGRAPH	64
USEFUL INFORMATION	65
COMPANIONS	67
ROAD DISRUPTIONS	68 - 71
PROGRAM	72 - 75
PHOTO BOOTH	76
SPONSORS AND COLLABORATORS	77 - 81

MODALITIES

MODALITY	KM	UNLEVEL	LOCATION EXIT	LOCATION ARRIVAL	DEPARTURE TIME	EXPECTED ARRIVAL TIME 1ST PARTICIPANT
VUELTA AL TEIDE	182Km	4.600 +	Puerto de la Cruz	Puerto de la Cruz	07:00h	12:45h
VUELTA AL TEIDE MEDIOFONDO	86Km	1.700 +	Santiago del Teide	Puerto de la Cruz	10:00h	12:45h
VUELTA AL TEIDE FONDOCORTO	64Km	1.300 +	Buenavista del Norte	Puerto de la Cruz	10:30h	12:45h

* **ALL participants** must be in the starting area **1 hour before the start** in order to check the mandatory material and prepare the starting boxes.

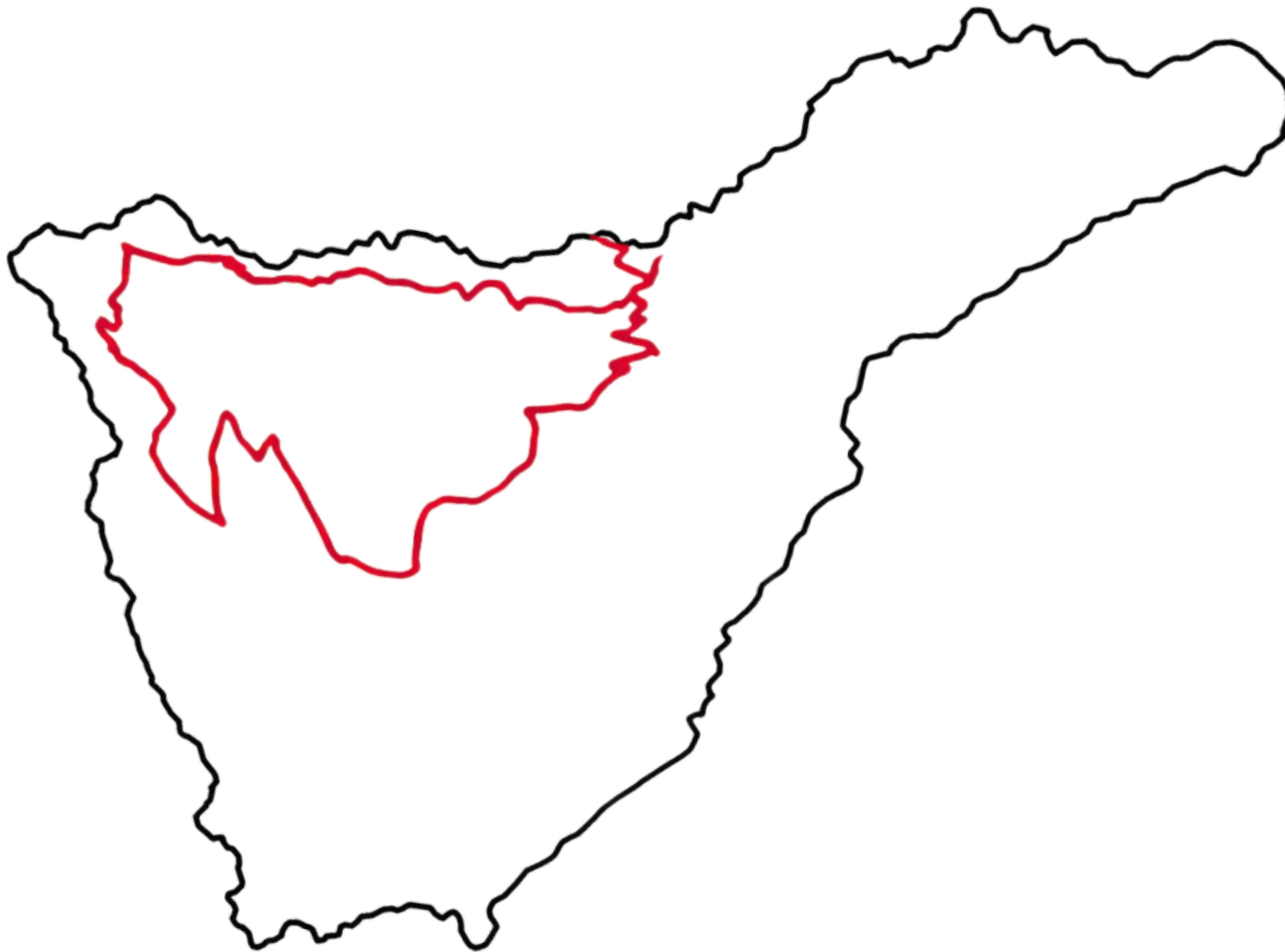
REQUIRED MATERIAL

- Rear light: advisable throughout the journey for safety.
- Mobile phone on, with battery, balance and emergency number saved
 - 611 09 74 45.
- Identification plate visible on the front of the bike
- Warm clothing depending on the weather forecast.
- Means to repair punctures, tools...
- Water and food reserve for 50Km.
- Approved helmet.



VUELTA AL TEIDE





- Puerto de la Cruz - Lago Martiánez
- Cruce bajo TF - 5
- Cruce TF-31 con TF-21: Cuesta La Villa
- La Orotava
- Rotonda La Florida
- Rotonda Pinolere
- Aguamansa
- Z.R. Ramón Caminero
- Cruce TF-24 Portillo bajo
- Portillo Alto
- Tabonal Negro
- Cruce Parador
- Cruce TF-21 con TF-38 Boca de Tauce
- Montaña Samara
- Mirador de Los Poleos
- Cruce de Chirche
- Cruce de Chiguerge
- Chíp - Cruce TF-38 con TF-375
- Arguayo
- Cementerio Santiago del Teide
- Cruce TF-82 con TF-436 S. del Teide
- Masca
- Mirador del Baracán
- El Palmar
- Buenavista del Norte
- Los silos
- Garachico
- Mirador de Garachico
- Icod de Los Vinos
- La Mancha
- Icod del alto
- Realejo Alto - Cruz Calle el Medio
- La Perdoma
- La Orotava
- Cuesta La Villa
- Puerto de la Cruz - Lago Martiánez

Next to Lago Martiánez, Puerto de la Cruz



DEPARTURE LOCATION VT



PERFIL

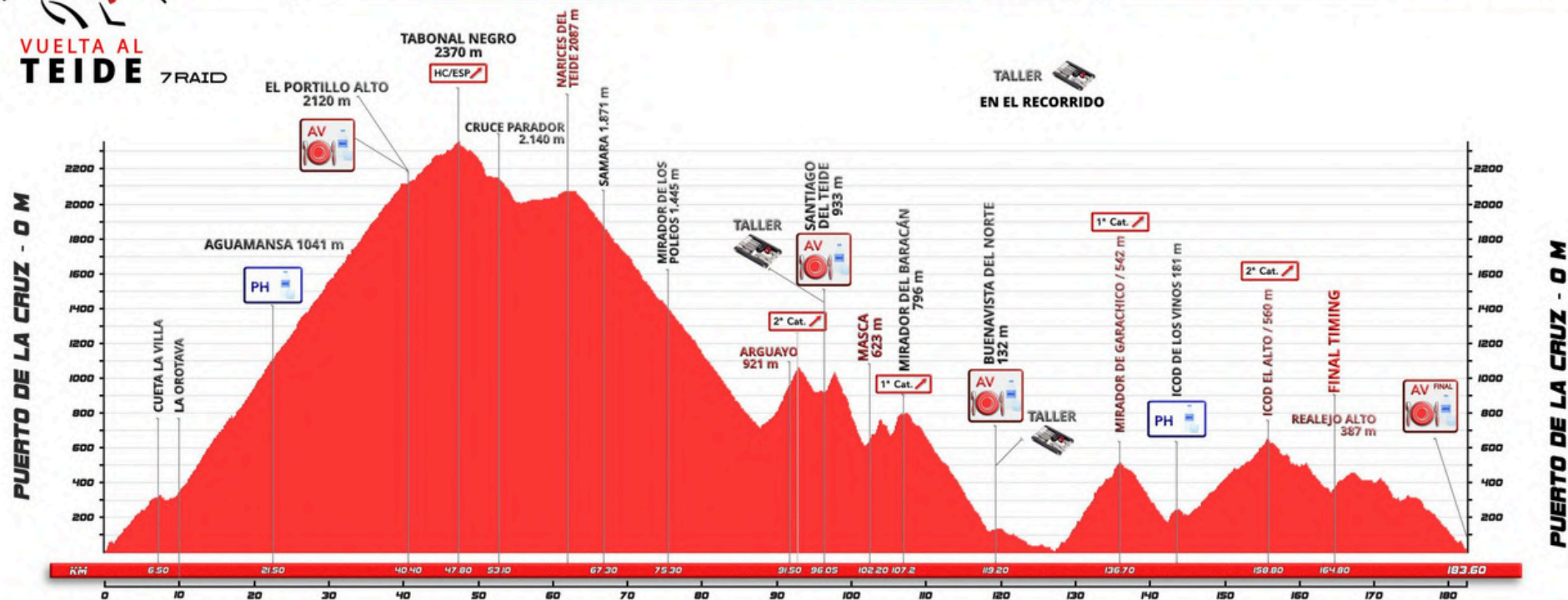
VUELTA AL TEIDE

2026

183 KM

D+4600M

ALTITUD MÁXIMA 2370m



PROFILE VT

			RUTÓMETRO 2026			VUELTA AL TEIDE GRANFONDO							
LOCALIZACIÓN			DISTANCIAS SALIDA/LLEGADA, ALTURA Y TIPO DE VÍA					HORA DE PASO ESTIMADA PARTICIPANTES				OBSERVACIÓN	
Lugar	Vía	Municipio	Parcial	Total	Faltan	Altura	Tipo	Primero	V. km/h		V.kmh		
SALIDA PUERTO DE LA CRUZ	Avda. Colón	Puerto de la Cruz	0,000	0,000	183,600	0	I	7:00			7:03		
Cruce bajo TF-5	TF-31	La Orotava	4,400	4,400	179,200	227	I	7:12			7:28		
Cruce TF-31 con TF-21: Cuesta la Villa	TF-21	Santa Úrsula	2,100	6,500	177,100	318	I	7:18			7:40		
La Orotava	TF-21	La Orotava	3,500	10,000	173,600	350	I	7:25			7:50		
Rotonda la Florida	TF-21	La Orotava	2,300	12,300	171,300	490	I	7:32			8:05		
Rotonda Pinolere	TF-21	La Orotava	3,100	15,400	168,200	700	I	7:40			8:30		
Aguamansa	TF-21	La Orotava	6,100	21,500	162,100	1.041	I	7:56			9:06	PH	
Z.R. Ramón Caminero	TF-21	La Orotava	9,200	30,700	152,900	1.577	I	8:23			10:00		
Cruce TF-24 Portillo bajo	TF-21	La Orotava	7,800	38,500	145,100	2.031	I	8:53			10:47		
Portillo Alto	TF-21	La Orotava	1,900	40,400	143,200	2.120	I	9:00	20,20		11:00	10,10	TIEMPO DE CORTE/AVT
Tabonal Negro	TF-21	La Orotava	7,450	47,850	135,750	2.370	I	9:10			11:35		
Cruce Parador	TF-21	La Orotava	5,250	53,100	130,500	2.140	I	9:15			11:43		
Cruce TF-21 con TF-38 Boca de Tauce	TF-38	La Orotava	6,600	59,700	123,900	2.034	I	9:20			11:55		
Montaña Sámara	TF-38	Guía de Isora	7,600	67,300	116,300	1.871	I	9:30			12:12		
Mirador de Los Poleos	TF-38	Santiago del Teide	8,000	75,300	108,300	1.445	I	9:36			12:22		
Cruce de Chirche	TF-38	Guía de Isora	7,750	83,050	100,550	996	I	9:42			12:30		
Cruce de Chiguerge	TF-38	Guía de Isora	2,550	85,600	98,000	847	I	9:44			12:33		
Chio - Cruce TF-38 con TF-375	TF-375	Guía de Isora	2,500	88,100	95,500	718	I	9:46			12:36		
Arguayo	TF-375	Santiago del Teide	3,400	91,500	92,100	921	I	9:51			12:47		
Cementerio Santiagodel Teide	C. Cementerio	Santiago del Teide	4,550	96,050	87,550	933	II	10:00	32,01		13:00	16,08	TIEMPO DE CORTE/AVT
Cruce TF-82 con TF-436 S. del Teide	TF-436	Santiago del Teide	0,700	96,750	86,850	930	II	10:01			13:01		
Masca	TF-436	Buenavista del Norte	5,450	102,200	81,400	623	II	10:07			13:18		
Mirador del Baracán	TF-436	Buenavista del Norte	5,000	107,200	76,400	796	II	10:20			13:42		
El Palmar	TF-437	Buenavista del Norte	6,300	113,500	70,100	513	I	10:25			13:52		
Buenavistadel Norte	TF-42	Buenavista del Norte	5,700	119,200	64,400	132	I	10:30	34,05		14:00	17,03	TIEMPO DE CORTE/AVT
Los Silos	TF-42	Los Silos	3,100	122,300	61,300	111	I	10:34			14:08		
Garachico	TF-421	Garachico	5,800	128,100	55,500	10	II	10:40			14:24		
Mirador de Garachico	TF-82	Garachico	8,600	136,700	46,900	542	II	11:15			15:18		
Ícod de Los Vinos	TF-362	Ícod de Los Vinos	6,600	143,300	40,300	181	II	11:25			15:30	PH	
La Mancha	TF-342	Ícod de Los Vinos	3,000	146,300	37,300	228	I	11:35			15:45		
La Guancha	TF-343	La Guancha	6,100	152,400	31,200	491	I	11:54			16:22		
Ícod el Alto	TF-344	Los Realejos	6,400	158,800	24,800	560	I	12:08			16:52		
Realejo Alto - Cruz Calle el Medio	Calle El Medio	Los Realejos	6,000	164,800	18,800	387	II	12:15	31,39		17:00	16,48	FIN CRONOMETRAJE
La Perdona	TF-324	La Orotava	3,800	168,600	15,000	456	I	12:24			17:15		
La Orotava	TF-21	La Orotava	3,900	172,500	11,100	410	I	12:30			17:30		
Cuestala Villa	TF-217	Santa Úrsula	4,200	176,700	6,900	317	I	12:37			17:45		
LLEGADA- PUERTO DE LA CRUZ	TF-31	Puerto de la Cruz	6,900	183,600	0,000	0	I	12:45	31,93		18:00	16,69	AVT

Kilómetros totales VTGF: 183Km.
Desnivel+: 4,600+
El Sol sale a las 7:15h y se pone a las 20:50h.

TIPO DE PAVIMENTO VÍA:
I: Pavimento en buen estado
II: Pavimento con tramos en estado regular
III: Pavimento con tramos en mal estado
IV: Pavimento en mal estado

Tiempos de corte marcados en rojo
Tiempo estimado del 1º participante: 5:45:00
Promedio del primer participante: 31,93Km/h.
Tiempo del último participante 11:00:00
Promedio del último participante: 16,69Km/h.

LEYENDA
AVT: AVITUALLAMIENTO SÓLIDO LÍQUIDO
PH: PUNTO DE HIDRATACIÓN

tenerife!
despierta emociones.

Islas Canarias
LATITUD DE VIDA

DXT
TENERIFE

Gobierno de Canarias

Puerto de la Cruz

Comarca del Teide

Los Realejos
con el Agroturismo

BIDRACER

CICLISMO

Asociación Española de Ciclistas de Montaña

Asociación Española de Ciclistas de Ruta

RUTOMETER VT

Place	Cut-off time
Portillo Alto	11:00h
Santiago del Teide	13:00h
Buenvista del Norte	14:00h
End of timming - Realejo Alto	17:00h
Arrival - Puerto de La Cruz	18:00h

CUTTING TIMES VT

Provisioning	KM	Start	Ends	Type
Aguamansa	22Km	07:50h	09:10h	Hydration Point
Portillo Alto	40Km	09:00h	11:00h	Solid + Liquid
Cemetery Santiago del Teide	96Km	10:00h	13:00h	Solid + Liquid
Buenavista del Norte	119Km	10:30h	14:00h	Solid + Liquid
Iod de Los Vinos	143Km	11:25h	15:30h	Hydration Point
Puerto de La Cruz (arrival)	184Km	13:00h	18:00h	Solid + Liquid

PROVISIONING VT

BOX 0

DXT TENERIFE
UCI
VUELTA CICLISTA ISLA DE TENERIFE
GRANFONDO
VUELTA AL TEIDE
16 MAYO 2026
tenerife! *despierta emociones*
Islas Canarias
SAFTY EMERGENCIA
611 097 445
ISABEL
7 RAID

BOX 1

DXT TENERIFE
UCI
VUELTA CICLISTA ISLA DE TENERIFE
GRANFONDO
VUELTA AL TEIDE
16 MAYO 2026
tenerife! *despierta emociones*
Islas Canarias
SAFTY EMERGENCIA
611 097 445
ALEJANDRO
7 RAID

VUELTA AL TEIDE

MEDIO FORTIDO





- Santiago del Teide
- Masca
- Mirador del Baracán
- El Palmar
- Buenavista del Norte
- Los silos
- Garachico
- Mirador de Garachico
- Icod de Los Vinos
- La Mancha
- Icod del alto
- Realejo Alto - Cruz Calle el Medio
- La Perdoma
- La Orotava
- Cuesta La Villa
- Puerto de la Cruz - Lago Martiánez

ROUTE VT MEDIOFONDO



Square of Santiago del Teide



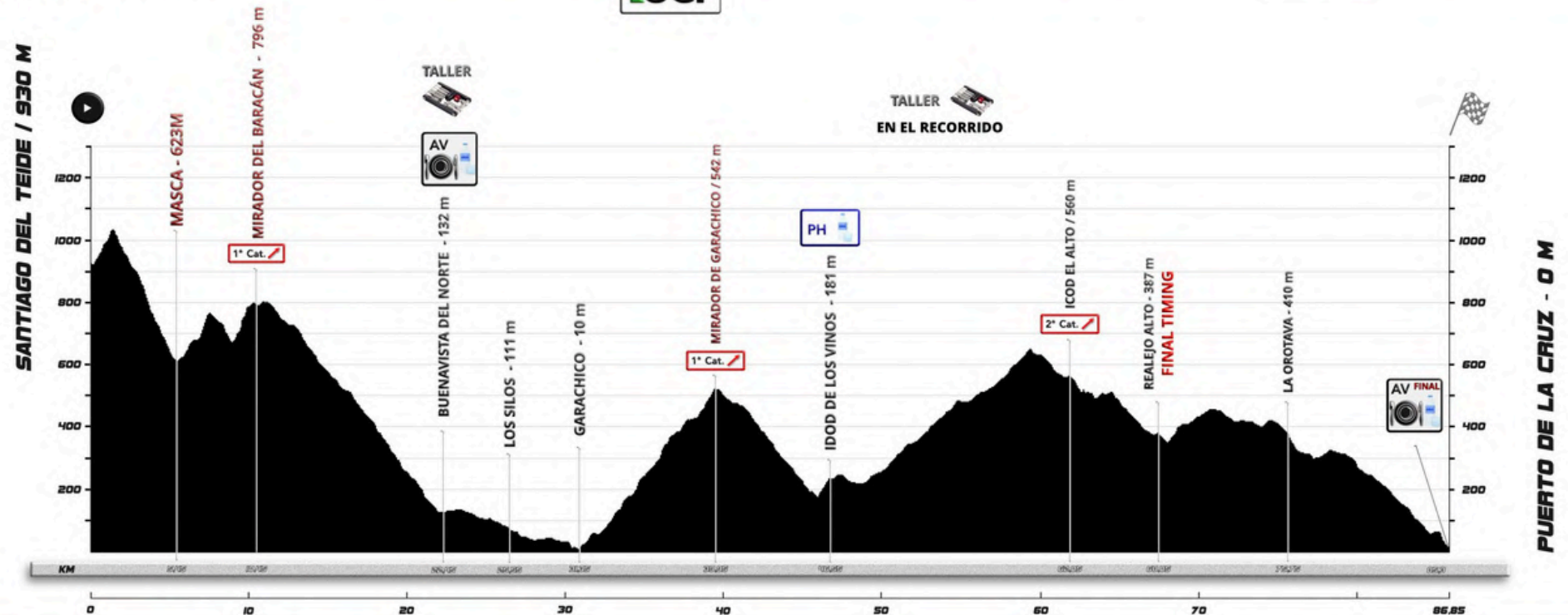
DEPARTURE LOCATION VT MF



PERFIL VUELTA AL TEIDE MEDIOFONDO 2026

86 KM
D4L700M

ALTITUD MÁXIMA 930m



PROFILE VT MEDIOFONDO



RUTÓMETRO 2026

VUELTA AL TEIDE MEDIOFONDO

LOCALIZACIÓN			DISTANCIAS SALIDA/LLEGADA, ALTURA Y TIPO DE VÍA					HORA DE PASO ESTIMADA PARTICIPANTES				OBSERVACIÓN
Lugar	Vía	Municipio	Parcial	Total	Faltan	Altura	Tipo	Primero	V. km/h	Último	V. km/h	
SALIDA SANTIAGO DEL TEIDE	TF-436	Santiago del Teide	0,000	00,000	86,850	930	II	10:00		10:02		
Masca	TF-436	Buenavista del Norte	5,450	05,450	81,400	623	II	10:08		10:21		
Mirador del Baracán	TF-436	Buenavista del Norte	5,000	10,450	76,400	796	II	10:21		10:41		
El Palmar	TF-437	Buenavista del Norte	6,300	16,750	70,100	513	I	10:25		10:52		
Buenavista del Norte	TF-42	Buenavista del Norte	5,700	22,450	64,400	132	I	10:30	44,90	11:00	22,45	AVT
Los Silos	TF-42	Los Silos	3,100	25,550	61,300	111	I	10:34		11:08		
Garachico	TF-421	Garachico	5,800	31,350	55,500	10	II	10:40		11:24		
Mirador de Garachico	TF-82	Garachico	8,600	39,950	46,900	542	I	11:15		12:18		
lcod de Los Vinos	TF-362	lcod de Los Vinos	6,600	46,550	40,300	181	II	11:25		12:30		PH
La Mancha	TF-342	lcod de Los Vinos	3,000	49,550	37,300	228	I	11:35		12:45		
La Guancha	TF-343	La Guancha	6,100	55,650	31,200	491	I	11:54		13:22		
lcod el Alto	TF-344	Los Realejos	6,400	62,050	24,800	560	I	12:08		13:52		
Realejo Alto - Cruz Calle el Medio	Calle El Medio	Los Realejos	6,000	68,050	18,800	387	II	12:15	30,24	14:00	17,02	FIN CRONOMETRAJE
La Perdoma	TF-324	La Orotava	3,800	71,850	15,000	456	I	12:24		14:15		
La Orotava	TF-21	La Orotava	3,900	75,750	11,100	410	I	12:30		14:30		
Cuesta la Villa	TF-217	Santa Úrsula	4,200	70,950	6,900	317	I	12:37		14:45		
LLEGADA PUERTO DE LA CRUZ	TF-31	Puerto de la Cruz	6,900	86,850	0,000	0	I	12:45	31,58	18:00	4,70	AVT

Kilómetros totales VTMF: 86Km.
Desnivel+: 1700+
El Sol sale a las 7:15h y se pone a las 20:50h.

TIPO DE PAVIMENTO VÍA:
I: Pavimento en buen estado
II: Pavimento con tramos en estado regular
III: Pavimento con tramos en mal estado
IV: Pavimento en mal estado

Tiempos de corte marcados en rojo
Tiempo estimado del 1º participante: 2:45:00
Promedio del primer participante: 31,58Km/h.
Tiempo del último participante 7:30:00
Promedio del último participante: 11,58Km/h.

LEYENDA
AVT: AVITUALLAMIENTO SÓLIDO LÍQUIDO
PH: PUNTO DE HIDRATACIÓN

tenerife!
despierta emociones.

Islas Canarias
LATITUD DE VIDA

DXT
TENERIFE

Gobierno de Canarias

Puerto de la Cruz

SANTAGO DE TEIDE

Los Realejos
con el deporte

BIORACER

CICLISMO

Federación Canaria de Ciclismo



RUTOMETER VT MEDIOFONDO

PLACE	Cut-off time
End of time - Realejo Alto	14:30h
Arrival - Puerto de La Cruz	18:00h

CUTTING TIMES VT MF

Provisioning	KM	Start	Ends	Type
Buenvista del Norte	23Km	11:00h	11:30h	Solid + Liquid
lod de Los Vinos	47Km	11:55h	13:00h	Hydration Point
Puerto de La Cruz (Arrival)	87Km	13:00h	18:00h	Solid + Liquid

PROVISIONING VT MF

TRANSPORT VT MEDIO FONDO

MODALITY	SCHEDULE
VUELTA AL TEIDE MEDIOFONDO	08:00h am (Only one maximum departure time)
TRANSPORT DIRECTION	
Puerto de la Cruz --> Santiago del Teide (One way)	

* ALL participants must be in the bus departure area (Av. de Cristóbal Colón - Zona Lago Martiánez, Puerto de la Cruz) 1 hour before departure in order to check their place and arrange their bicycles for transport.

** Transportation is **ONE WAY** and on a **SINGLE SCHEDULE**.



A photograph of cyclists on a road, with a dark grey horizontal band across the middle containing white text. The background shows a road and a blue sky with clouds. The cyclists are wearing helmets and riding on a paved surface.

VUELTA AL TEIDE

FOTUDO CORTO



- Buenavista del Norte
- Los silos
- Garachico
- Mirador de Garachico
- Icod de Los Vinos
- La Mancha
- Icod del alto
- Realejo Alto - Cruz Calle el Medio
- La Perdoma
- La Orotava
- Cuesta La Villa
- Puerto de la Cruz - Lago Martiánez

ROUTE VT FONDOCORTO



Av. Juan Méndez El Viejo, Buenavista del Norte



DEPARTURE LOCATION VT FC —

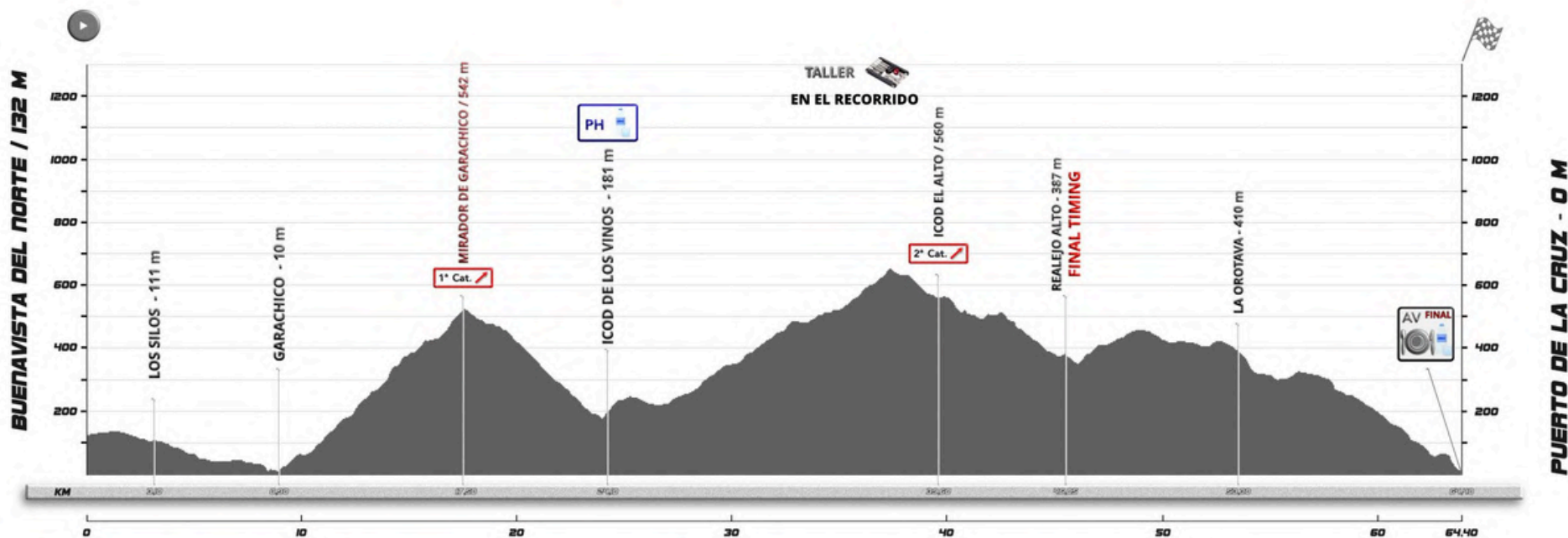


PERFIL VUELTA AL TEIDE CORTOFONDO 2026

64 KM

DALSOOM

ALTITUD MÁXIMA 560m



PROFILE VT FONDOCORTO



RUTÓMETRO 2026

VUELTA AL TEIDE FONDOCORTO

LOCALIZACIÓN			DISTANCIAS SALIDA/LLEGADA, ALTURA Y TIPO DE VÍA					HORA DE PASO ESTIMADA PARTICIPANTES				OBSERVACIÓN	
Lugar	Vía	Municipio	Parcial	Total	Faltan	Altura	Tipo	Primero	V. km/h		V. km/h		
SALIDA - Buenavista del Norte	TF-42	Buenavista del Norte	0,000	0,000	86,850	132	I	10:30			10:32		
Los Silos	TF-42	Los Silos	3,100	3,100	83,750	111	I	10:34			10:40		
Garachico	TF-421	Garachico	5,800	8,900	77,950	10	II	10:40			10:56		
Mirador de Garachico	TF-82	Garachico	8,600	17,500	69,350	542	I	11:15			11:50		
Icod de Los Vinos	TF-362	Icod de Los Vinos	6,600	24,100	62,750	181	II	11:25			12:02	PH	
La Mancha	TF-342	Icod de Los Vinos	3,000	27,100	59,750	228	I	11:35			12:17		
La Guancha	TF-343	La Guancha	6,100	33,200	53,650	491	I	11:54			12:54		
Icod el Alto	TF-344	Los Realejos	6,400	39,600	47,250	560	I	12:08			13:23		
Realejo Alto - Cruz Calle B Medio	Calle El Medio	Los Realejos	6,450	46,050	40,800	387	II	12:15	26,31		13:30	15,35	FIN CRONOMETRAJE
La Perdoma	TF-324	La Orotava	3,350	49,400	37,450	456	I	12:24			13:45		
La Orotava	TF-21	La Orotava	3,900	53,300	33,550	410	I	12:30			14:00		
Cuesta La Villa	TF-217	Santa Úrsula	4,200	57,500	29,350	317	I	12:37			14:15		
LLEGADA - PUERTO DE LA CRUZ	TF-31	Puerto de la Cruz	6,900	64,400	22,450	0	I	12:45	28,62		18:00	4,08	AVT

Kilómetros totales VTFC: 64Km.

Desnivel+: 1300+

El Sol sale a las 7:15h y se pone a las 20:50h.

TIPO DE PAVIMENTO VÍA:

I: Pavimento en buen estado

II: Pavimento con tramos en estado regular

III: Pavimento con tramos en mal estado

IV: Pavimento en mal estado

Tiempos de corte marcados en rojo

Tiempo estimado del 1º participante: 2:15:00

Promedio del primer participante: 28,62Km/h.

Tiempo del último participante 7:00:00

Promedio del último participante: 9,20Km/h.

LEYENDA

AVT: AVITUALLAMIENTO

SÓLIDO LÍQUIDO

PH: PUNTO DE

HIDRATACIÓN



RUTOMETER VT FONDOCORTO

PLACE	Cut-off time
End of time - Realejo Alto	14:00h
Arrival - Puerto de La Cruz	18:00h

CUTTING TIMES VT FC

Provisioning	KM	Start	Ends	Type
Iod de Los Vinos	24Km	11:55h	12:30h	Hydration Point
Puerto de La Cruz (Arrival)	65Km	13:00h	18:00h	Solid + Liquid

PROVISIONING VT FC

TRANSPORT VT FONDOCORTO

MODALITY	SCHEDULE
VUELTA AL TEIDE FONDOCORTO	08:30h am (Only one maximum departure time)
TRANSPORT DIRECTION	
Puerto de la Cruz --> Buenavista del Norte (One way)	

* ALL participants must be in the bus departure area (Av. de Cristóbal Colón - Zona Lago Martiánez, Puerto de la Cruz) 1 hour before departure in order to check their place and arrange their bicycles for transport.

**** Transportation is ONE WAY and on a SINGLE SCHEDULE.**



WORKSHOPS

Permanent workshops

PROBIKE DOCTOR

Exit Vuelta al Teide
05:30h to 07:00h

ARANZAZU BIKE

Exit and y Provisioning of Santiago
del Teide de 09:30h to 13:00h

GOFIS BICI

Exit and y Provisioning of Buenavista del
Norte de 10:00h to 14:00h

Talleres en ruta

PROBIKE DOCTOR

After VT GF departure at
07:00h

ARANZAZU BIKE

After the Santiago del Teide
refreshment stop at 13:00h

GOFIS BICIS

After the Buenavista del Norte
Refreshment at 2:00 PM

BIKE POINT

During the tour

The workshops will cover the labor costs, but any spare parts that the participant may need will be at their own expense.

WORKSHOPS

Official store

Location: Carr. Provincial, 69, Local 2, 38390 Sta Úrsula, Santa Cruz de Tenerife.

Schedule: Monday to Friday: 09:00h - 13:00h
17:00h - 20:00h

Contact: 922.337.579



VT Assistance: Departure and refreshments at Santiago del Teide (9:30 a.m. to 1:00 p.m.)
Afterwards, mobile workshop along the route.

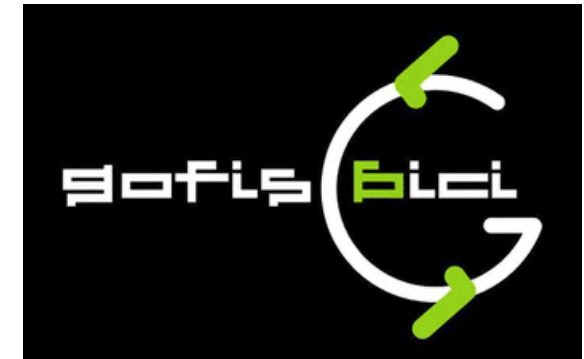
WORKSHOPS

Official store

Location: C. la Longuera, 64, 38418 Los Realejos, Santa Cruz de Tenerife.

Schedule: Monday to Friday: 10:00h - 13:30h
17:00h - 20:30h

Contact: 922.365.088 /607.955.132



VT Assistance: Departure and refreshments at Buenavista del Norte (10:00 a.m. to 2:00 p.m.)
Afterwards, mobile workshop along the route.

WORKSHOPS

Official store

Location: Carretera España 166 38398 - Santa Ursula, Santa Cruz de Tenerife.

Schedule: Monday to Friday: 10:00h - 14:00h
15:00h - 19:30h

Contact: 922.109.279 /603.674.605



VT Assistance: Bib number collection Friday 15 (4:00 PM to 8:00 PM)
Departure from Puerto de La Cruz (6:00 AM to 7:00 AM)
Afterwards, mobile workshop along the route.

WORKSHOPS

Official store

Bike Point Las Américas: 922.796.710

Bike Point El Médano: 922.176.273

Bike Point Callao Salvaje: 922.796.710

Bike Point Santa Cruz (Tri-Ciclos Canarias): 922.7230.717

Bike Point Santa Úrsula (Tri-Ciclos Canarias): 922.7230.717

Website with exact schedules and locations: <https://bikepointtenerife.com/es/>

VT Assistance: Mobile workshop along the route.



PARKING AREAS



Free parking

Vuelta al Teide

Paid parking

Parking esplanade of the Pier

Martíánez Shopping Center

PARKING AREAS



PARKING AREAS

FREE PARKING

Parking explanada del Muelle: <https://maps.app.goo.gl/uuYjajfsuTXyx2ok9>

Parking Garañona: <https://maps.app.goo.gl/3fVe7B72SpKqjhXa7>

Parking Garoé: <https://maps.app.goo.gl/qDrbpft9fk86mLvc6>

PAID PARKING:

Centro Comercial Martiáñez: <https://maps.app.goo.gl/g7svh7EtPMSEjR177>

CAR SHARE

In a clear commitment to promoting sustainable mobility and reducing traffic, Vuelta al Teide invites you to come to the event by carpooling. This way you'll earn a 5% discount in our online store or in future editions.

WHAT IS THE PROCESS LIKE?

1. Join the event by carpooling and upload a post or story to Instagram with the hashtag #VueltaAlTeideVerde, tagging our social media account and the person who's with you.
2. Save the photo and a screenshot of the post or story to your phone.
3. After the event, you'll receive an email with an event evaluation survey. If you carpoled, please indicate this and attach a screenshot of your post.
4. Once you've completed the survey, we'll send you a discount code that you can use at the 7Raid store for future events or when registering for the 2027 Vuelta al Teide.

STREAMING



Streaming of the test

The event will be streamed live on 7Raid's YouTube channel.

You'll find the link on the event's official website and social media channels, so you can save it.

<https://vteide.com/> - @vueltaalteide

TRACKING



Participant tracking

Participants can be tracked during the event via the TopTime live link available on the event website and social media.

<https://vteide.com/>

LIST OF PRICES TO CONSIDER

Concept	Price
One day license	10€
Transport around Teide MF and FC (Limited spaces)	15€
Vuelta al Teide Registration	95€
VT MedioFondo Registration	85€
VT FondoCorto Registration	75€

LICENSES

UCI UNION CYCLISTE INTERNATIONALE **2026** REAL FEDERACION ESPAÑOLA DE CICLISMO **CICLISMO**
Afilada a la UNION CICLISTA INTERNACIONAL

Categoría UCI:
Categoría Nac:
Ord. Especial:
Cargo:
Apellidos/Nom:
Nombre/PreNom:
Nac./Nacionalité:
Equipo UCI:
Club:
Equipo RFEC:
Expedida el:

Código UCI:
Licencia N°:
Fecha Nacimiento:
Sexo:
Dirección/Adresse:

Valida hasta el 31 de Diciembre/Valable jusqu'au 31 Decembre



UCI UNION CYCLISTE INTERNATIONALE **2025** REAL FEDERACION ESPAÑOLA DE CICLISMO **CICLISMO**
Afilada a la UNION CICLISTA INTERNACIONAL

Categoría UCI:
Categoría Nac:
Ord. Especial:
Cargo:
Apellidos/Nom:
Nombre/PreNom:
Nac./Nacionalité:
Equipo UCI:
Club:
Equipo RFEC:
Expedida el:

Código UCI:
Licencia N°:
Fecha Nacimiento:
Sexo:
Dirección/Adresse:

Valida hasta el 31 de Diciembre/Valable jusqu'au 31 Decembre




- *Triathlon license
- *Federation license from another country

LICENSES

- To participate, insurance is mandatory, either through a federation license or a one-day insurance policy.
- If you have a federation license, you must show it when collecting your race number.
- If your federation license is NOT from Spain, you must purchase a one-day insurance policy.
- If someone else collects your race number, and you have a license, the person collecting the number must show your federation license.
- In 2026, the license will be digital and can be found in your private area on the Canary Islands or Spanish Cycling Federation website. (If you have forgotten your password, click "Forgot password" to reset it and access your license).
- If you do not have a federation license, you can purchase a one-day insurance policy when you register or later in the 7 Raid online store in the Vuelta al Teide section before registration closes.

<https://store.7raid.com/producto/licencia-porundia-vueltaalteide-2026>

WARDROBE - OFFICIAL BACKPACK

- One official backpack will be available for pickup on race day (at the start of each event).
- It must be collected at the finish line in Puerto de la Cruz.
- Only one official backpack per participant will be accepted.
- Only the official event backpack will be accepted.
- The official backpack must display the identification provided when you pick up your race number.



REQUIRED IDENTIFICATION



NO BACKPACKS OTHER THAN THE ONE IN THE PICTURE WILL BE ACCEPTED.

BIB NUMBER DISTRIBUTION



Puerto de la Cruz



**Exit of each
modality**

BIB NUMBER DISTRIBUTION



Puerto de la Cruz
Next to Lago Martiánez



11:00h - 14:00h

16:00h - 20:00h

BIB NUMBER DISTRIBUTION



06:00h - 06:30h

Puerto de la Cruz
Next to Lago Martiánez



In this extra bib distribution, only the bib number will be given out.
The rest of the race bag can be collected from the cloakroom located in the finish area.

BIB NUMBER DISTRIBUTION



Santiago del Teide Square



09:00h - 09:30h

In this extra bib distribution, only the bib number will be given out.

The rest of the race bag can be collected from the cloakroom located in the finish area.

You can only collect your race number for the VT MEDIOFONDO; you cannot contract any other services related to the event.

BIB NUMBER DISTRIBUTION



Buenvista del Norte



Avenida Juan Méndez El Viejo, Buenvista del Norte.

09:30h - 10:00h

In this extra bib distribution, only the bib number will be given out.

The rest of the race bag can be collected from the cloakroom located in the finish area.

You can only collect your VT FONDOCORTO race number; you cannot contract any other event services.

DOCUMENTATION REQUIRED FOR BIB NUMBER COLLECTION

- National Identity Document (DNI).
- 2026 Cycling License (if you don't have one, please verify that you paid the €10 fee for a one-day license. If you don't have a license and haven't paid for one-day insurance, you must do so when collecting your race number in El Puerto de la Cruz - Friday the 15th).
- If you are collecting a race number for a teammate, you must present a signed official authorization (available on the website) for them to collect the number, along with a photocopy of the ID cards of both the authorizing and authorized parties, and the licenses themselves, if applicable.
- If a minor is collecting a race number, they must have official authorization (available on the website) from a legal guardian and be accompanied by them.

BIB NUMBER COLLECTION FRIDAY, MAY 15 - PUERTO DE LA CRUZ

To expedite bib collection, **four separate lines** have been established. Please go to the correct one.

Bib Collection Lines:

- **INTERNATIONAL:** For all participants who do NOT speak Spanish.
- **INCIDENTS:** If you need to arrange transportation, a one-day license, have any issues with your registration, etc., you must go to this line.
- **BIB COLLECTION FOR THIRD PARTIES:** If you are collecting a bib for a teammate with authorization, you must go to this line.
- **BIB PICKUP:** If everything is in order, you will go to this line. You must have your ID and license (if applicable) ready.


DOCUMENTATION REQUIRED FOR BIB COLLECTION

To collect your race number, you will need:

- Identification document (DNI, NIF, Passport, etc.)
- Spanish Cycling Federation license (valid photo) - Only for registered federation members.

To collect a race number for someone else, you will need:

- The authorized person's physical DNI and the participant's DNI (valid photo).
- The participant's cycling federation license (valid photo) - only if they are a registered federation member.
- A signed authorization form for race number collection, signed by both the participant and the authorized person.

UCI 2026
REAL FEDERACION ESPAÑOLA DE CICLISMO
Aliada a la UNIÓN CICLISTA INTERNACIONAL

Categoría UCI:	Código UCI:
Ord. Especial:	Licencia N°:
Cargo:	Fecha Nacimiento:
Apellidos/Nom:	Sexo:
Nombre/PrefNom:	Dirección/Adresse:
Nac./Nacionalid:	
Equipo UCI:	
Club:	
Equipo RFEC:	
Expedida el:	

Valida hasta el 31 de Diciembre/Valable jusq' au 31 Decembre



VUELTA CICLISTA ISLA DE TENERIFE
VUELTA AL TEIDE
CICLISMO DE ALTURA!

MAYO 2026
Puerto de la Cruz / Tenerife
Isla Canaria

AUTORIZACIÓN DE MENORES

Don/Doña _____ con DNI/Pasaporte nº _____, inscrito/a en la VUELTA AL TEIDE.

con DNI/Pasaporte nº _____, y mayor de edad, en representación legal de _____ con DNI/NIE nº _____ y menor de edad, le autorizo a participar en la VUELTA AL TEIDE a celebrar el día 16 de mayo de 2026.

Así mismo, manifiestamos nuestro conocimiento y aceptación del Reglamento y anexos de la Prueba. Y como muestra de conformidad, firmo la presente autorización, la cual acompaño con fotocopia de mi DNI.

En _____ a _____ de mayo de 2026.

Fdo.: Don/Doña _____ (de padre y hijo)

[Entregar el documento debidamente cumplimentado y firmado por el representante legal, además de una copia del DNI del representante y del menor.]

7 RAID info@7raid.com

TEIDE info@teide.com



VUELTA CICLISTA ISLA DE TENERIFE
VUELTA AL TEIDE
CICLISMO DE ALTURA!

MAYO 2026
Puerto de la Cruz / Tenerife
Isla Canaria

AUTORIZACIÓN RETIRADA DE DORSAL

Don/Doña _____ con DNI/Pasaporte nº _____, inscrito/a en la VUELTA AL TEIDE.

Autorizo a: _____ con DNI/NIE/Pasaporte nº _____ a retirar en mi nombre el dorsal, la bolsa del ciclista, el chip y todo aquel material necesario para poder participar en la VUELTA AL TEIDE 2026, en el lugar habilitado por la Organización para tal fin, entendiendo que se trata de material personal e intransferible, y que no podrá ser utilizado durante la Prueba por otra persona diferente a mí.

En _____ a _____ de mayo de 2026.

Firmado Participante: _____
Nombre y apellidos:

Firmado por quien retira el Dorsal: _____
Nombre y apellidos:

DNI/Pasaporte: _____
Firma:

DNI/Pasaporte: _____
Firma:

[Entregar el documento debidamente cumplimentado y firmado por el ciclista inscrito y por la persona autorizada, además de una copia del DNI del participante, cuando vaya a retirar el dorsal]

7 RAID info@7raid.com

TEIDE info@teide.com

INFORMACIÓN BÁSICA SOBRE PROTECCIÓN DE DATOS
Responsable: Club Deportivo ADRAI 7raid, Calle Central 20, Edificio Torres, PZ. 38204, San Cristóbal de La Laguna, Tenerife. Su identificación para la actividad de desarrollo, explotación, gestión, comercialización, explotación, promoción y organización de actividades deportivas. Datos de contacto: Teléfono: 922 300100. Correo electrónico: info@7raid.com. Web: www.7raid.com. Datos de contacto: Teléfono: 922 300100. Correo electrónico: info@teide.com. Web: www.teide.com. Datos de contacto: Teléfono: 922 300100. Correo electrónico: info@teide.com. Web: www.teide.com.

PLACEMENT OF IDENTIFICATION PLATE

Correct placement

- In front of the bike
- Visible
- The chip is contactless

INCORRECT placement

- Behind the bike
- Out of sight
- The chip is attached to the bike
- The identification plate is bent

If the identification plate is not properly positioned, the organization is not responsible for the participant not receiving the split times report or not having photos taken during the test.

END OF TIMING

The timed finish of the race will take place in
El Realejo Alto - Cruz Calle El Medio

Kilometer 164,800 to **Vuelta al Teide**

Kilometer 68,050 to Vuelta al Teide - MedioFondo

Kilometer 46,050 to Vuelta al Teide - FondoCorto

All participants will have to pass through the finish line arch located in El Puerto de La Cruz.

Between the section from El Realejo Alto to Puerto de La Cruz, participants cannot stop, they must maintain their positions and will circulate in ordinary traffic complying with all road safety regulations.

AWARDS

MODALITY	FEMALE	MALE
Vuelta al Teide	first 3 overall 1st in each category <ul style="list-style-type: none"> • Élite • Máster 30 • Máster 40 • Máster 50 • Máster 60 	3 first 3 overall 1st in each category <ul style="list-style-type: none"> • Élite • Máster 30 • Máster 40 • Máster 50 • Máster 60
Vuelta al Teide MedioFondo	first 3 overall 1st in each category <ul style="list-style-type: none"> • Junior • Élite • Máster 30 • Máster 40 • Máster 50 • Máster 60 First 3 Security Forces	first 3 overall 1st in each category <ul style="list-style-type: none"> • Junior • Élite • Máster 30 • Máster 40 • Máster 50 • Máster 60 First 3 Security Forces
Vuelta al Teide FondoCorto	first 3 overall 1st in each category <ul style="list-style-type: none"> • Cadete • Junior • Élite • Máster 30 • Máster 40 • Máster 50 • Máster 60 • Máster 70 first 3 Paralympians	first 3 overall 1st in each category <ul style="list-style-type: none"> • Cadete • Junior • Élite • Máster 30 • Máster 40 • Máster 50 • Máster 60 • Máster 70 first 3 Paralympians

The awards ceremony will begin at 5:00 PM

CYCLING CATEGORIES

- **Cadets:** 15 and 16 years old. (Only VT FondoCorto)
- **Juniors:** 17 and 18 years old. (Except VT)
- **Elite:** Ages 19 to 29 .
- **Master 30:** Ages 30 to 39.
- **Master 40:** Ages 40 to 49.
- **Master 50:** Ages 50 to 59.
- **Master 60:** Ages 60 to 69.
- **Master 70:** Ages 70 to 79. (Only VT FondoCorto)



*If you are 29 years old on the day of the test, but you turn 30 that year, you are in the Master 30 category.

MERCHANDISING

2026



Culotte - 85€



Maillot - 40€

T-shirt - 15€



Backpack - 5€



undershirt - 35€

***2026 Collection** - Available from Saturday at 11am

MERCHANDISING

2025



Culotte - 70€



Maillot - 35€



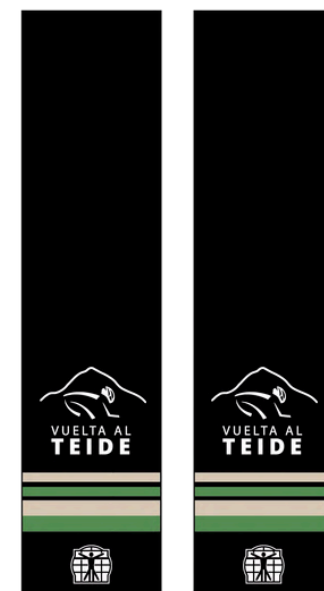
Gloves - 20€



Socks - 15€



bag - 2€



Sleeves - 15€

2024



Culotte - 70€



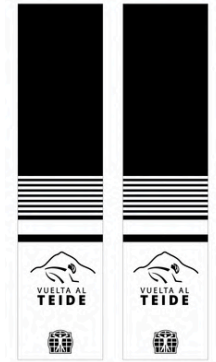
Maillot - 35€



Gloves - 15€



Socks - 10€



Sleeves - 10€



Bag - 2€



T-shirt - 5€

2023



Maillot - 20€



Gloves - 15€



Sleeves - 10€



Culotte - 60€



Socks - 10€



Backpack - 1€



T-shirt - 5€

2021



Maillot - 15€

Culotte - 40€



Face mask - 1€



Backpack - 1€

2019



Maillot - 10€

Sleeves - 5€

*Clearance Sale
*Last sizes available

2018



Maillot - 5€



Culotte - 10€

Also, new this year:

We will have clothing for sale from all the events organized by 7Raid



and much more...



MERCHANDISING

Schedule	Friday, May 15	11:00h - 14:00h 16:00h - 20:00h
	Saturday, May 16	10:00h - 18:00h
Location	Next to Lago Martiánez, Puerto de la Cruz	
Information	The special event price will only be available during those days. Items are limited.	

PHOTOGRAPH

YOUR PHOTOS FROM THE VUELTA AL TEIDE IN HIGH RESOLUTION



Cómo funciona



Visita

canaryactionpix.com

y entra en la sección
"descarga de fotos"



**Selecciona
tu carrera**

o busca por el
código QR



**Busca
tus fotos**

mediante número de
dorsal o selfie



INTERESTING FACTS

- If a participant decides to withdraw, they must notify the organizers using the emergency number indicated on their race bib (611 09 74 45).
- No external assistance is allowed; in this case, the participant will be automatically disqualified.
- Assistance is permitted at aid stations and between participants, but never from private support vehicles.

COMPANIONS

- Companions are kindly requested NOT to access the various points along the route to watch the race, as this will obstruct the roads and negatively impact the event in which their family and friends are participating.
- In the Finish Area, next to Lago Martiánez in Puerto de La Cruz, there will be a screen showing live images of the race. There will also be activities to enjoy while waiting for your loved ones to arrive.
- You can also follow the event live on your mobile devices using the link available on the website: <https://vteide.com/>

COMPANIONS

You may not follow the participants on the roads used for the Vuelta al Teide race or on the roads adjacent to them. Doing so could:

- ➔ Cause an accident.
- ➔ Obstruct the event's evacuation routes.
- ➔ Create a traffic jam that forces the race to stop.

Help us avoid this and DO NOT drive on the day of the event during the race route.

Ensuring the Vuelta al Teide can continue is everyone's responsibility.

ROAD DISTURBANCES

Complete closure of the road in both directions to cyclists

ROAD	FROM	UNTIL	HOURS
TF-31	4,300 (Intersección Av. Cristóbal Colón–TF-31)	0,000 (Cruce Bajo Autopista TF-5)	De 07:00h a 07:28h
TF-217	11,100 (Cruce Bajo Autopista TF-5)	9,200 (Intersección TF-217–TF-21)	De 07:12h a 07:40h
TF-21	0,000 (Intersección TF217–TF-21)	3,200 (Cruce Plaza de la Paz)	De 07:18h a 07:50h
TF-21	3,200 (Cruce Plaza de la Paz)	5,700	De 07:25h a 08:05h
TF-375	4,200 (Arguayo)	1,250 (Las Manchas)	De 09:51h a 13:00h

Complete closure of the road in both directions to cyclists

ROAD	FROM	UNTIL	HOURS
Tramo urbano Santiago del Teide Cam. Cementerio, C/ La Placeta	Camino Cementerio	C/ La Placeta	De 09:59h a 13:01h
TF-436	22,285 (Santiago del Teide)	10,610 (Rotonda antes del Mirador de Baracán)	De 09:30h a 13:51h
TF-436	10,610 (Rotonda antes del Mirador de Baracán)	0,000 (Buenavista)	De 10:20h a 11:50h
TF-421	0,000 (Puerto Viejo de Garachico)	8,580 (Mirador de Garachico)	De 10:40h a 12:40h
Tramo urbano Los Realejos C/ El Medio Arriba	Intersección TF342 con C/ El Medio Arriba	Intersección C/ El Medio Arriba con C/ La Pila	De 11:40h a 13:40h

Lane closure in the direction of travel only

ROAD	FROM	UNTIL	HOURS
TF-21	5,700	32,100 (Cruce del Portillo)	De 07:32h a 10:47h
TF-21	32,100 (Cruce del Portillo)	53,300 (Cruce Boca de Tauce – TF-38)	De 08:53h a 11:55h
TF-38	0,000 (Cruce Boca de Tauce)	22,200 (Bar Las Estrellas)	De 09:20h a 12:30h
TF-38	23,600 (Intersección con C/ Era Rompida)	28,730 (Rotonda TF-38-TF82-TF-375)	De 09:42h a 12:36h

Lane closure in the direction of travel only

ROAD	FROM	UNTIL	HOURS
TF-42	14,790 (Buenavista)	6,000 (Puerto Viejo de Garachico)	De 10:30h a 10:40h
TF-82	6,500 (Mirador de Garachico)	0,000 (Salida de Icod de los Vinos en dirección al Tanque)	De 11:15h a 13:30h
TF-362	3,400 (Salida de Icod de los Vinos en dirección al Tanque)	0,000 (Glorieta La Mancha)	De 11:20h a 13:40h
TF-342	19,000 (La ManchaEmpalme de la Guancha)	0,000	De 11:35h a 14:00h

PROGRAM

FRIDAY, MAY 15

NEXT TO LAGO MARTIÁNEZ, PUERTO DE LA CRUZ

11:00h - 14:00h

Bib number distribution

13:00h - 14:00h

Meet and Greet

Broadcast live via YouTube.

16:00h - 20:00h

Bib number distribution

16:00h - 20:00h

DJ Visac

PROGRAM

SATURDAY, MAY 16

06:00H - 06:30H

Unofficial bib number distribution and cloakroom.

Next to Lago Martiánez, Puerto de la Cruz

06:00H - 06:50H

Participants in starting corrals for the Vuelta al Teide

Next to Lago Martiánez, Puerto de la Cruz

07:00H

Exit Vuelta al Teide Next to Lago Martiánez, Puerto de la Cruz



07:05H

Loading onto trucks and buses VT MedioFofu and FondoCorto

Av. Familia de Betancourt y Molina, Next to Lago Martiánez

08:00H

Bus and truck departure VT MedioFondo

Av. Familia de Betancourt y Molina, Next to Lago Martiánez

08:30H

Bus and truck departure VT Short Fund

Av. Familia de Betancourt y Molina, Next to Lago Martiánez

PROGRAM

SATURDAY, MAY 16

09:00H - 09:30H

Unofficial bib number distribution and cloakroom.

Santiago del Teide Square

10:00H

Exit Vuelta al Teide MedioFondo



Santiago del Teide Square

09:30H - 10:00H

Unofficial bib number distribution and cloakroom.

Av. Juan Méndez El Viejo, Buenavista del Norte

10:30H

Exit Vuelta al Teide FondoCorto



Av. Juan Méndez El Viejo, Buenavista del Norte

PROGRAM

SATURDAY, MAY 16

NEXT TO LAGO MARTIÁNEZ, PUERTO DE LA CRUZ

12:00H - 15:00H

Music performance DJ Vlsac

12:45H

First participants of Vuelta al Teide arrive 

12:45H

First participants of Vuelta al Teide MedioFondo arrive 

12:45H

First participants of Vuelta al Teide FondoCorto arrive 

14:00H - 18:00H

Traditional photo booth service (free).

15:00H - 18:00H

Music performance DJ Vlsac

17:00H

Award ceremony

18:00H

Arrival of last participants

PHOTO BOOTH

Would you like to have a memory with friends, family, team, bike, or whoever you want?

Once you reach the finish line, you'll find a classic photo booth where you can take all the photos you want with whomever you want!



- Unlimited photos.
- Prints of classic photo booth photos.
- Free service.

Schedule: 2:00 PM - 6:00 PM

Location: Arrival area - Martiánez area
Puerto de La Cruz.

ORGANIZES



INSTITUTIONAL SPONSORS



SPONSORS



CONTRIBUTORS



COLLABORATING WORKSHOPS



SEE YOU SOON AT THE TENERIFE VUELTA AL TEIDE

If you have any questions, you can check our social media and website.

