

The **VUELTA AL TEIDE** is a **non-competitive long-distance Cyclo sports March**, which is carried out on different roads on the Island of Tenerife, suitable for amateurs or competitors, at the pace that each participant sets and whose objective will be to be able to go around the Teide in one Stage.

It is regulated in article 9 of the RFEC "Cycling Tourism-Cycling for All" Regulation within the framework of a cycling specialty that conceives this sport as a physical exercise for leisure, tourist or cultural purposes, excluding competition. The test will be subject to the provisions of articles 1 to 14

of annex II of Royal Decree 1428/2003, of November 21th, which approves the General Circulation Regulations for the application and development of the articulated text of the Law on traffic, circulation of motor vehicles and road safety, approved by Royal Legislative Decree 339/1990, of March 2nd, as well as the Specific Instruction for road dynamic sports events and the Specific Instruction for road cycling events, published by the General direction of traffic.

The route will be carried out along an authorized paved road route, with a forecast of traveling around **175km.** and with **4,400 meters of positive slope.** It will have its **official departure on Saturday, May 6th, 2023 at 7:00 a.m.** There will also be another modality, whose route makes "**1/2 VUELTA AL TEIDE**", with a distance of around **95km. and 2,000 meters of positive slope.**

It will be organized by the Club Deportivo 7Raid, with the support of the Cabildo Insular de Tenerife, the Government of the Canary Islands, the Town halls of Los Realejos, Puerto de La Cruz and Santiago del Teide, the collaboration of all the Municipalities through which it passes, as well as by the Insular Federation of Cycling of Tenerife, Canarian Cycling Federation and Spanish Cycling Federation. It will have all the necessary permits, insurance and security measures to guarantee the safety of the participants.

NORMATIVE.-

The regulations applicable to the march will be regulated by:

A. UCI Cycling Sport Regulations in Section 15 CYCLING FOR ALL, and the technical regulations of the Royal Spanish Cycling Federation - X Cycling Regulations for All.

B. DGT INSTRUCTION 18/TV-101 AND ANNEX II, SECTION II CYCLE TOURIST RIDES of the General Traffic Regulations.

C. SPECIFIC INSTRUCTION FOR DYNAMIC ROAD SPORTS EVENTS AND THE SPECIFIC

INSTRUCTION FOR ROAD CYCLO-SPORTS RIDES, PUBLISHED BY THE GENERAL DIRECTION OF TRAFFIC.

D. SPECIFIC REGULATIONS FOR THE TOUR OF TEIDE.

E. ANNEXES: all the Annexes to these Particular Regulations that are published.

THE MARCH.-

It is a Free Speed Sports Test (Cycloports Tests), with an appreciable degree of difficulty, both due to the mileage, as well as the unevenness, as well as the height above sea level and where the participation and the individual effort of the sportsman represent a motivation for self-improvement, in order to achieve the goal of finishing the **VUELTA AL TEIDE**.

It will be carried out on roads in which certain sections are closed to traffic, other sections only the lane in which cyclists circulate is closed and in some sections they are carried out with ordinary traffic. In this last case, the participants will be considered normal users of public roads, subject to the general rules of the Road Safety Law and in the two previous ones, they must always circulate in their lane with caution.

The Test route will be signposted, so that the participants always advance along the planned route. There will be information and signs, of those most dangerous points, with the greatest risk of loss, supplies, etc. It is the responsibility of the participant to locate the signs and follow them.

There will be about 8 time limits of passage established for various points of the route. This time will be very loose so that it can be overcome with some ease by any cyclist capable of covering the distance of the March. In the event that a participant arrives outside the time limit, at one of those points, he will not be able to continue in La Marcha and the organization will be in charge of transferring him, as well as his bike, to the arrival point.

Participants will be identified with a bracelet element, bib number and identification plates with an electronic chip on their bicycle, for security controls, for the control of the intermediate pace times and the final time achieved.

A relationship will be established with the times of all participants who finish The March, giving them a digital diploma accrediting the distance, unevenness and time invested in making the tour.

The Organization reserves the right to make any changes to these regulations if it deems so, communicating it on the website <https://vteide.com/> and in information to the participants.

THE ROUTE.-

The final route of the **VUELTA AL TEIDE**, will be made public at the time the whole route is closed, with the competent Administrations to authorize the Event. Those strategic crossing points will be published, such as aid stations, security controls, dangerous areas, etc. The profile of the route will also be published, so that the participants can familiarize themselves with the hardest points of La Marcha and just to be able to establish their strategy. An alternative route is also planned, in case it is not possible to go through some section of the route due to possible road closures.

The whole route will be signposted, so that participants cannot take the wrong road at any point. The signage to be established will be published in the corresponding ANNEX.

It runs along paved roads with different pavement conditions, always circulating at the highest possible height within the Island and allowing you to go around Mount Teide on a road bike.

It is necessary to take maximum care of the use of the **VUELTA AL TEIDE route**. It is around very sensitive natural places, which have a limited load to which they are subjected by this type of activity. Therefore, it is totally forbidden, under penalty of disqualification, to throw rubbish or waste by the participants and members of the organization of the March.

DEVELOPMENT OF THE MARCH.-

The start of the **VUELTA AL TEIDE** will be done in a group. Those participants who plan to spend less time on the route will be placed first. That order will be established based on the numbers that are awarded to the participants and the starting boxes.

At the time of registration, you will have to choose the starting box accrediting it with the time made in a reference test of more than 50km.

The participants must be at the place established **for the start, 60 minutes before** the scheduled time for the start of the March.

Refreshment points. It is planned that there will be solid-liquid and liquid supplies. The location, as well as the drinks and food that the participants will find in them, will be indicated in the corresponding ANNEX.

Any participant who for any reason abandons the VUELTA AL TEIDE, must indicate this by notifying the Organisation. In no case you can leave without having previously communicated it to the Organization, in order to ensure that is well and coordinate the way to take it to the end of the route, if it is necessary.

PARTICIPANTS.-

The number of participants will be limited by the maximum admissible number established by the people in charge of granting the corresponding authorizations.

All participants must have a valid Federative Spanish Cycling License (Cycling or cycle tourism of the Spanish Cycling Federation) for the year 2023 or pay the license fee for 1 day (€10 accident insurance), in order to participate.

In the **VUELTA AL TEIDE** (Gran Fondo 175km) can participate the cyclists older than

18 years old on the day of the Race and up to 75 years old. In the 1/2 **VUELTA AL TEIDE** (Half Fund 95km) cyclists between 15 and 17 years old (Cadets and Juniors) can also participate, with the authorization of their parents.

Before participating in La Vuelta al Teide, each cyclist must ensure that they are in perfect health and fit for the physical and mental effort required to carry it out. For this reason, all the participants must pass a medical examination prior to the Race, which can detect and rule out any incompatibility with the practice of cycling in a Race with the characteristics of distance, positive slope and height, such as the **VUELTA AL TEIDE** or 1/2 **VUELTA AL TEIDE**.

In any case, each participant participates under his own responsibility and declares with the acceptance of these regulations at the time of registration, that he/she is in adequate physical and health conditions to face the Race, as well as having sufficient technical mastery to face the route, such as steep ramps, winding descents, sections with other vehicles on the road, etc. In no case, the organizer will be responsible for the accidents or health problems of a participant, linked to their participation in the **VUELTA AL TEIDE**, in any of its distances or modalities.

Participants will always respect the applicable Traffic Code, show a sporting spirit and adopt a respectful behavior towards the environment.

They will be solely responsible for their own actions and must follow the instructions of the Agents of the Authority and the staff of the Organization at all times.

The use of a rigid and approved helmet is mandatory, as well as the appropriate equipment for the weather conditions and the difficulty in which La Vuelta al Teide takes place: warmclothing, water and food, spare parts, etc.

The participants of the March will not be able to count on external help, under pain of exclusion. They may not carry support vehicles, delivery of water, food, spare parts, etc. Along the way. Help is only allowed at the official refreshment points and among the participants themselves, as well as from neutral cars. In order to provide assistance to the participants at the refreshment points, the support people must be located next to the means provided by the Organization for the provisioning.

Every participant, when overtaken by the "End of Race" broom vehicle, is considered out of it, and must submit the bib number, chip and bicycle plate; taking the bus (BUS) broom.

The fact of registering for this race implies acceptance of these regulations and the waiver of all rights against the organization, waiving any legal action that may arise from their participation in the race.

REGISTRATION.-

Registrations will be made through the management platform, with its secure payment gateway by bank card with a link from the website <https://vteide.com/>. Registration is not considered complete until payment is confirmed.

Registrations are strictly personal and non-transferable. Participation with the number of another participant or without a number is totally prohibited and entails automatic exclusion from the Event, non-coverage by the Event's insurance and the application of possible criminal actions that may proceed.

The registration period begins on October 3, **2022**, ends on April 25, 2023 or as soon as the limit of participants is completed, which is established for each modality.

The established registration fees are as follows:

- Participants with a Spanish Federal Cycling License in force in 2023:

€65 for the **VUELTA AL TEIDE** (175Km) and **€55** for the **1/2 VUELTA AL TEIDE**(95km).

- Participants who are not going to have a Spanish Federal Cycling License on the day of the Test, have to pay at the time of registration, the amount of the license for 1 day (accident insurance): **€10**.

Once the participant has registered and paid the registration fee, in case of not being able to participate in the Race due to accredited injury or cause of force duly justified, valued and previously accepted in each case, by the Organization, **100%** may be returned.

% of the registration fee (less management fee) **until 03/31/2022**. After this date, refunds will no longer be made, also giving to those registered who are not going to be able to participate, the cyclist's bag.

Just in case that the **VUELTA AL TEIDE** cannot be held, for reasons unrelated to the Organization, whether for meteorological reasons, a state of emergency, alarm, meteorological alert, or any other, it could only be studied to return to the participants, the part of the registration that has not been compromised in the organization of the event.

MODALITIES.-

Two modalities with different distances are planned, so that both participants with greater and lesser capacity can have a place. The modalities will be the next ones:

- **VUELTA AL TEIDE**: The longest one, that goes around the Teide with 175km. and 4,400+
- **1/2 VUELTA AL TEIDE** Half route to the Teide with 95km. and 2,000+

CATEGORIES AND PRIZES.-

CATEGORIES:

- Cadets: 15 and 16 years old (only in 1/2 Tour of Teide) - Juniors: 17 and 18 years old (only in 1/2 Tour of Teide)
- Sub 23: 19 to 22 years old. - Elite: 23 to 29 years old.
- Master 30: 30 to 39 years old.
- Master 40, 50 and 60: for ages between 40 and 49 years old, 50 to 59 years old and 60 to 75 years respectively.

The category is closely linked to age. If the age is 29 years old on the day of the Race, but turns 30 in that year, the category is Master 30; for the category.

AWARDS:

All participants who manage to finish the **VUELTA AL TEIDE** will be awarded with a finisher medal, with a specific design for the Event. All finishers will also be given a digital certificate (to be downloaded from the web) with the final 8 minutes completed, as well as the partial 8 minutes of passage.

MINIMUM EQUIPMENT FOR PARTICIPANTS AND BIKES:

All participants must carry the following basic equipment at the start. In case of not wearing it, they will not be allowed to go out on the March:

- Approved cycling helmet.
- Identification plate with the chip on the front of the bike (to not blending or touching any metal element with it) and participant control element (wristband or bib number).
- Mobile phone with the personal contact number indicated in the registration, battery and sufficient balance to cover the whole Race and recorded the emergency number of the Race **677 242 409**.
- Raincoat, windbreaker, sleeves, leg warmers, as well as warm clothing depending on the weather forecast, for the day of the Vuelta al Teide.

- Advisable for safety, rear light throughout the tour.
- Reserve enough water and food for 50km. and 1,500+.

SAFETY AND ASSISTANCE TO PARTICIPANTS.-

The organization will permanently have a team of doctors, ambulances and mobile SVBs, several fixed aid points, several broom vehicles, checkpoints and security along the route and several services to facilitate the safety and comfort of the participants. The location of the security means will be indicated in the Security Plan.

The Organization will have mechanical assistance at some points throughout the Race, as well as workshop cars within the caravan. In case of breakdown, labor will be free, but spare parts will be borne by the participants.

Only repairs that can be solved on the route will be managed, with the exception of punctures (which have to be repaired by the participants themselves).

By Annex, the mechanical assistance procedure will be published.

The Provincial Traffic Headquarters, Civil Guard, Municipal Police, Civil Protection, Groups of volunteers, will ensure the safety of the Race.

All participants must scrupulously observe the provisions of the Road Safety Law and its Regulations. Whoever does not comply with the norm will be immediately excluded.

Each participant, when registering for the Race, acknowledges having read the entire regulation and thereby assumes the risks inherent in participating in a Race in which in some sections they circulate together with other users of the road, while excluding the organization of all responsibility, for any incidence or accident derived from him/her participation.

The organization is not responsible for any accident that the participant could be the cause or victim of, who must be covered by the license's own insurance, nor is it joint and several with the expenses or debts that the participants could contract during the Race, nor of the loss or breakdowns that the bicycles (including transport) or other equipment

of the participants could suffer. The participant exempts the organization from liability for loss or damage to personal belongings for any reason.

The organization reserves the right to make the appropriate modifications in the route and date of celebration, when there is a force cause, or other supervening circumstance and beyond the control of its will that, at its sole discretion, makes it convenient or necessary, without the participants having the right to request any kind of reimbursement or reduction of the registration fees. Likewise, the Right of Admission is reserved.

The organization may agree to the suspension of the Race, either temporarily or definitively, when circumstances beyond the will and control of the organization or

government measures that affect safety in general or the freedom of movement of people happen. In case of definitive suspension, the participants will not be entitled to reimbursement of registration fees. The organization will not assume any responsibility if the event is suspended or postponed due to force majeure.

The Race takes place through Natural Places and places of exceptional beauty. It will be the obligation of all participants to preserve the environment. It is totally forbidden, under penalty of exclusion, to throw waste outside the areas enabled for it at the refreshment points.

PENALTIES.-

Strictly, those participants will be penalized who:

- Do not respect the traffic code
- Do not respect the security instructions indicated by law enforcement and by the organization itself.
- Do not go through the exit control and others located on the route.
- Dirty or degrade the itinerary, throwing rubbish.
- Have their own support vehicles, outside the areas enabled for it.
- Behaviors that prevent the normal development of the test and that go against this regulation.
- Do not use the helmet (it is mandatory).
- Do not wear the plate with the chip on the bicycle in a visible way, either visible.
- Any participant who is seen towed by any vehicle will be sanctioned by the organization.

The members of the forces of order and the organization will take note of those participants who carry out any of the behaviors indicated above. The organization acquires the commitment in front of the rest of the participants and in front of the authorities to sanction them in an effective way.

The penalty will consist of:

- Disqualification of the Race.
- Sanctions imposed by the authorities.
- Sum of time based on the advantages that you have been able to obtain.

The organization will designate a group of participants (integrated into the Ride caravan) with police functions, who will ensure the safety of the event. These collaborators will have the power to communicate to the organization, the commission by any participant, of the behaviors described, these communications are having the same value as the complaints made by the organization itself.

The forces of order will stop the non-accredited vehicles, which must be held responsible for the sanctions that the breach of the traffic rule will give them.

IMAGE RIGHTS.-

With the Registration in the **VUELTA AL TEIDE** and the consequent automatic acceptance of these regulations, it necessarily implies that the participant authorizes the organization of the event to the total or partial recording of their participation in it, gives their consent so that their image can be used in the promotion and dissemination of the Race in all possible ways (radio, press, video, photo, dvd, Internet, posters, media, etc.), and assigns all rights related to commercial and advertising exploitation that the organization deems appropriate to execute, without the right to receive any financial compensation.

The image rights derived from the **VUELTA AL TEIDE**, will be exclusive to the Organization of the Race, which means that it may use them as it deems appropriate, provided that it does not violate the right to privacy of the participant.

In addition, any use of the same by any company or individual must be permitted and/or recognized by the Organization itself. In the same way, the registered runners will authorize their name to be reflected in a list of participants, results lists, monitoring system and all that support that the organization determines for the correct functioning of the event published on the official website of the Race.

DATA PROTECTION.-

The 7Raid Sports Club guarantees full compliance with the personal data protection regulations, and thus, in accordance with the Organic Law 3/2018, of December 5th, on the Protection of Personal Data and guarantee of digital rights and gives its consent to the incorporation of its data to the existing automated files in the Club and to the treatment of the same for its use in relation to administrative, commercial management and other activities of the same.

The privacy policy of Club Deportivo 7Raid assures you, in any case, the exercise of the rights of access, rectification, cancellation and opposition, in the terms established in

current legislation, by writing to Club Deportivo 7Raid, being responsible for the file Club Deportivo 7Raid.

The undersigned accepts that their data may be transferred exclusively for those activities aimed at the proper functioning of the management and internal administration of Club Deportivo 7Raid. Likewise, the undersigned accepts that the 7Raid Sports Club sends or directs information on any products, management or services that may be marketed. The acceptance of the signatory so that their data can be treated or transferred in the manner established in this paragraph, is always revocable, without retroactive effects.

MODIFICATIONS OF THE REGULATION.-

This Particular Regulation of the **VUELTA AL TEIDE**, may have modifications due to organizational needs, authorizations, routes, etc. The modifications of the Regulation, as well as its annexes, will be published on the website <https://vteide.com/>.

ANNEXES TO THE PRESENT REGULATION: (coming soon)

- ANNEX No 1: DATES AND TIMES OF THE **VUELTA AL TEIDE**.
- ANNEX No 2: ROUTE METER WITH TIMETABLES OF PASSAGE.
- ANNEX No3: CUT-OFF TIMES.
- ANNEX No4: SIGNAGE.